East Shore Specialty Foods Nutritional Information

2oz Dill Seasoned Pretzels

Nutrition Facts

1 serving per container

Serving Size 1 package (57g)

Amount Per Serving

Calories 230

% Daily Value*	
TotalFat 5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 660mg	29%
Total Carbohydrate 42g	15%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Suga	rs 0 %
Protein 5g	
Vitamin D 0.5mcg	2%
Calcium 10mg	2%
Iron 2.6mg	15%
Potassium 110mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PRETZELS [UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATEB1, RIBOFLAVIN-B2, FOLIC ACID), YEAST, SOYBEAN OIL, SALT, MALT, SODA], CORN OIL, LESS THAN 2% OF: WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, GARLIC POWDER. SUGAR. SPICES, TAMARIND, NATURAL FLAVOR. CONTAINS SULFITES), SALT, DEHYDRATED ONION AND GARLIC, SPICES (INCLUDING PAPRIKA, CHILI PEPPER, MUSTARD AND TURMERIC), EXTRACTIVES OF PAPRIKÁ, **OLEORESIN ROSEMARY** [SOYBEAN OIL, NATURAL FLAVOR (SPICE EXTRACTIVES), CANOLA ÒIL].

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 6 Months

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