East Shore Specialty Foods
Nutritional Information

5oz MFC Stone Ground

Nutrition Facts

About 25 servings per container

Serving Size
1 tsp (6g)

Calories per serving 15

Amount/serving	% DV*	Amount/serving	% DV*
TotalFat 0.5g	**1%**	**Total Carb.** 2g	**1%**
Saturated Fat 0g	**0%**	Fiber 0g	**0%**
Trans Fat 0g		Total Sugars 1g	
Cholesterol 0mg	**0%**	Incl 1g Added Sugars	**2%**
Sodium 0mg	**0%**	**Protein** 1g	

Vitamin D 0% ■ Calcium 0% ■ Iron 0% ■ Potassium 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: APPLE CIDER VINEGAR, MUSTARD SEED, CANE SUGAR, EGG YOLKS (EGG YOLKS, SUGAR) AND CITRIC ACID.

CONTAINS: EGG

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Product of U.S.A.

Shelf Life: 12 Months

www.eastshorefoods.com
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