

East Shore Specialty Foods

Nutritional Information

8oz Dill Seasoned Pretzels

Nutrition Facts		
About 8 servings per container		
Serving Size About 10 pretzels (30g)		
Amount Per Serving		
Calories		120
% Daily Value*		
TotalFat	2.5g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	360mg	16%
Total Carbohydrate	22g	8%
Dietary Fiber	2g	7%
Total Sugars	<1g	
Includes	0g	Added Sugars 0%
Protein	3g	
Vitamin D	0.2mcg	2%
Calcium	10mg	0%
Iron	1.3mg	8%
Potassium	50mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
INGREDIENTS: PRETZELS [Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate-B1, Riboflavin-B2, Folic Acid), Yeast, Soybean Oil, Salt, Malt, Soda], CORN OIL, LESS THAN 2% OF: WORCESTERSHIRE SAUCE (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor. Contains Sulfites), SALT, DEHYDRATED ONION AND GARLIC, SPICES (Including Paprika, Chili Pepper, Mustard And Turmeric), EXTRACTIVES OF PAPRIKA, OLEORESIN ROSEMARY [Soybean Oil, Natural Flavor (Spice Extractives), Canola Oil].		
CONTAINS: WHEAT		
Product of U.S.A.		

Shelf Life: 6 Months

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