

East Shore Specialty Foods

Nutritional Information

4oz Garlic and Pepper Pretzels

Nutrition Facts		
About 4 servings per container		
Serving Size About 18 pretzels(30g)		
Amount Per Serving		
Calories 120		
% Daily Value*		
TotalFat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	320mg	14%
Total Carbohydrate	22g	8%
Dietary Fiber	2g	7%
Total Sugars	<1g	
Includes	0g	Added Sugars 0%
Protein	3g	
Vitamin D	0.2mcg	2%
Calcium	10mg	0%
Iron	1.3mg	8%
Potassium	40mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
INGREDIENTS: PRETZELS [Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate-B1, Riboflavin-B2, Folic Acid), Malt, Salt, Soybean Oil], CORN OIL, LESS THAN 2% OF: WORCESTERSHIRE SAUCE(Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Celery Seed, Tamarind Extract, Natural Flavor. Contains Sulfites), ROASTED GARLIC, BLACK PEPPER, OLEORESIN ROSEMARY [Soybean Oil, Natural Flavor (Spice Extractives), Canola Oil].		
CONTAINS: WHEAT		
Product of U.S.A.		

Shelf Life: 6 Months

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www.eastshorefoods.com
EAST SHORE SPECIALTY FOODS, INC.
643 CARDINAL LANE
HARTLAND, WI 53029