East Shore Specialty Foods
Nutritional Information

2oz Braided Honey Wheat Pretzels

Nutrition Facts

1 serving per container

Serving Size **1 Package (57g)**

Amount Per Serving

Calories 210

		% Daily Value*
TotalFat	1.5g	**2%**
Saturated Fat	0g	**0%**
Trans Fat	0g	
Cholesterol	0mg	**0%**
Sodium	960mg	**42%**
Total Carbohydrate	45g	**16%**
Dietary Fiber	4g	**14%**
Total Sugars	4g	
Includes 3g	Added Sugars	**6%**
Protein	5g	
Vitamin D	0.5mcg	2%
Calcium	20mg	2%
Iron	2.5mg	15%
Potassium	80mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: UNBLEACHED ENRICHED WHEAT FLOUR (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), SUGAR, HONEY POWDER, SALT, SOYBEAN OIL, MALT, AND YEAST.

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 7 Months

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