East Shore Specialty Foods
Nutritional Information

8oz Seasoned Pretzels

Nutrition Facts

About 8 servings per container

Serving Size **About 32 pretzels**

Amount Per Serving

Calories 130

		% Daily Value*
TotalFat	2.5g	**3%**
Saturated Fat	0g	**0%**
Trans Fat	0g	
Cholesterol	0mg	**0%**
Sodium	320mg	**14%**
Total Carbohydrate	23g	**8%**
Dietary Fiber	<1g	**3%**
Total Sugars	<1g	
Includes 0g	Added Sugars	**0%**
Protein	3g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	1.6mg	8%
Potassium	40mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PRETZELS [Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Contains Less Than 2% Of Corn Syrup, Soybean Oil, Barley Malt Extract, Yeast], CORN OIL, LESS THAN 2% OF: SEASONING [Dehydrated Onion And Garlic, Salt, Spices (Including Paprika, Chili Pepper, Mustard And Turmeric), Extractives Of Paprika], WORCESTERSHIRE SAUCE (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Celery Seed, Tamarind Extract, Natural Flavor. Contains Sulfites), OLEORESIN ROSEMARY [Soybean Oil, Natural Flavors (Spice Extractives), Canola Oil]

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 6 Months 00297

www.eastshorefoods.com
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