

East Shore Specialty Foods

Nutritional Information

4oz Skinny Dipping Pretzels

Nutrition Facts

About 4 servings per container

Serving Size About 32 pretzels (30g)

Amount Per Serving

Calories 120

% Daily Value*

TotalFat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 320mg 14%

Total Carbohydrate 24g 9%

Dietary Fiber <1g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 9mg 0%

Iron 2mg 10%

Potassium 42mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED WHEAT FLOUR (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), SALT, CONTAINS LESS THAN 2% OF HIGH OLEIC CANOLA OIL AND/OR SOYBEAN OIL, LEAVENING (Yeast, Sodium Bicarbonate and/or Ammonium Bicarbonate), CORN SYRUP, BARLEY MALT EXTRACT.

CONTAINS: WHEAT

Shelf Life: 7 Months

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