East Shore Specialty Foods
Nutritional Information

4oz Sugar and Spice pretzels

Nutrition Facts

About 4 servings per container

Serving Size **About 8 pretzels (30g)**

Amount Per Serving

Calories 120

		% Daily Value*
TotalFat	3g	**4%**
Saturated Fat	0g	**0%**
Trans Fat	0g	
Cholesterol	0mg	**0%**
Sodium	270mg	**12%**
Total Carbohydrate	22g	**8%**
Dietary Fiber	2g	**7%**
Total Sugars	2g	
Includes 2g	Added Sugars	**4%**
Protein	3g	
Vitamin D	.2mcg	2%
Calcium	10mg	0%
Iron	1.2mg	6%
Potassium	50mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PRETZELS [Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate-B1, Riboflavin-B2, Folic Acid), Yeast, Soybean Oil, Salt, Malt, Soda], CORN OIL, SUGAR, CONTAINS LESS THAN 2% OF: CINNAMON, VANILLA (Water, Cane Alcohol, Vanilla Bean Extractives, Sugar), NUTMEG, GROUND GINGER, OLEORESIN ROSEMARY [Soybean Oil, Natural Flavor (Spice Extractives), Canola Oil].

CONTAINS: WHEAT

Product of U.S.A.

Shelf Life: 6 Months

00299

www.eastshorefoods.com
EAST SHORE SPECIALTY FOODS, INC.
643 CARDINAL LANE
HARTLAND, WI 53029